



National Day for Staff Networks Conference

#ReadyForChange

Polly Collingridge

Polly Collingridge heads up business development at the Cultural Intelligence Centre UK. She has the privilege of speaking regularly with a wide range of private and public sector clients (including the NHS and several leading UK universities) about the intercultural challenges they are experiencing, then liaising with a global network of facilitators to craft customised training solutions.

Polly is a CQ Certified Facilitator herself, and has worked as a freelance intercultural trainer. She has also worked in sales and service delivery roles within global mobility and employee wellbeing and spent over a decade in international book publishing, running the rights sales department at Canongate Books where she was also a board member.

Polly has an MSc in Cross-Cultural Psychology and a BA in Italian and Spanish. Although she was born and (mostly) raised in London, she has also lived in Italy, Costa Rica, Mexico, Ireland and the USA. Polly is passionate about the role of CQ in helping us work towards a more inclusive society in which we all understand each other a little better.