

BEYOND PERFORMATIVE ALLYSHIP

HOW ALLIES CAN EFFECTIVELY SUPPORT NETWORKS

#StayingStrong

SPEAK UP (NOT OVER)

BE A CHAMPION
ENCOURAGE COLLEAGUES TO
THE FRONT

BE A SPONSOR
VOCALLY REINFORCE/EXTEND
YOUR PRIVILEGE

LISTEN & LEARN

BE A SCHOLAR
READ, RESEARCH & LEARN
FROM YOUR MISTAKES

BE A VOLUNTEER
JOIN A NETWORK; GATHER
INSIGHT & SUPPORT

SUPPORT

BE AN ADVOCATE
BRING
UNDERREPRESENTATION INTO
CIRCLES OF POWER

BE AN AMPLIFIER
STRENGTHEN & INCREASE
DIVERSE VOICES

SAFETY & TRUST

BE A CONFIDANT
PROVIDE A SAFE SPACE FOR
SUPPORT

BE AN UPSTANDER
PUSH BACK AT
INAPPROPRIATE BEHAVIOUR
COMMENTS

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WHAT CAN YOU DO?

- Always willing to grow**
- Listen actively and empathetically**
- Learn from your mistakes**
- Yield to marginalised voices**

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PLAY YOUR P.A.R.T

- P**rivilege (check it)
- A**ction (is key)
- R**ecognise (diversity in diversity)
- T**alk (about inclusion)

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